



**Dear Partners,**

On The Psifas Fund committee in honor of Yosef Goodman and Eliezer Globerman convened for its monthly meeting and approved 13 requests that came to a total of 43600 Shekel:

**1. 5000 Shekel were given to Ariella for tuition for a degree in Social Work:**

Ariella is married with 4 children. Her husband is disabled and cannot work. Ariella has been taking many courses that she hopes will give her an advantage and has been recently started working with the mentally ill. She has decided to get a degree in Social Work. Ariella knows to expect a challenge in balancing her home, studies, work but she is willing to deal with it to improve their situation. The Psifas Fund will allow Ariella to learn a trade that will help her family stabilize financially.

**2. 3000 Shekel were given to Esther for a year of DBT Treatment:**

Esther is the 3<sup>rd</sup> youngest of 4 siblings. Her parents are divorced and their relationship is complicated. Esther has been suffering of Chronic Depression and Borderline Personality disorder. She has joined a DBT Private and Group Therapy due to her Emotional and mental status. After a year of therapy, she has shown progress in communicating, higher self-confidence and she is back to working nearly full time as an art teacher in kindergartens. The Psifas Fund will allow Esther to participate in her DBT program and continue to get the help appropriate for her needs.

**3. 7000 Shekel were given to Ophir to fund a course in Electricity:**

Ophir is 21 years old and was referred to an addiction treatment unit after over use of alcohol turned into a case of violence. Right at the beginning of the treatment, he abstained of alcohol and has been participating regularly. His parents divorced when he was young and he was separated from his brother. After having a conflicted relationship with his step father, he moved to his father's house and no longer speaks to his mother. Ophir learning disabilities that have not been cared for by his father and he dropped out of school when he was 17 years old. He then committed felonies that put him in prison which is why he didn't enlist in the army. Ophir has decided to make a change in his life- he started working full time, he lives with his brother, pays rent and has decided to become an electrician. The Psifas Fund will allow Ophir to learn a subject that he can use to build a business, a honest and respectable way to care for himself.

**4. 1500 Shekel were given to Brenda for a Cosmetics Course:**

Brenda, 24 years old, married +3. She is the oldest of 13 children. Brenda did not complete the obligatory 12 years of school. Instead she cared for her sister who has Down Syndrome. She married 6 years ago and has since been home with her children. She currently works part time as a cashier but she would like to study and work in the cosmetology field, in hopes that the time flexibility will enable her to continue to take care of her



family. The Psifas Fund will allow Brenda to progress professionally and still make sure that her family is set financially.

**5. 1100 Shekel were given for tuition for Victoria's Army Preparatory program and living expenses:**

Victoria is 17.5 years old. She moved to Israel from Moldova while her mother, grandmother and brother lived in Israel and her father remained in Russia. Victoria and her mother are mid process of receiving their citizenship. Her mother doesn't work and stays home with her youngest son so Victoria is the one who fends for the family financially by working as a babysitter. Victoria moved between institutions and had a difficult time going to school since she was always busy with household issues. As a result, she was kicked out of the last school that she attended. Her school recommended that she go to an army preparatory program but she can't afford the tuition. The Psifas Fund will allow Victoria to go for the preparatory program and complete her school requirements without having to worry about her financial status.

**6. 3000 Shekel were given to Yuval for a Cosmetics course:**

Yuval is 48 years old. She is divorced and has 2 children. Yuval is mentally ill and receiving help from the municipality. She would like to get a good respectable job but in order to find one; she would like to get an education. After a lot of research, she decided on cosmetics. She already has some of the equipment (a bed, a chair and a room that was altered into a treatment room). The Psifas Fund will allow Yuval to fund her course so that she can start rehabilitating her life on a financial level and strengthen her confidence.

**7. 1000 Shekels were given to Yafit for her Group Instructing course:**

Yafit is 40 years old, is divorced and has 4 children. She has worked for years as a secretary and after asking for a raise and being refused, she quit. She has simultaneously been recruited by "Ozma" center both as a participant and as an activist. As a result, she has decided to study to become a Group Instructor. She began her studies 3 months ago and she has another 3 ahead of her. Yafit is currently looking for a job as a secretary and in the "Ozma" center they have shown an interest in hiring her as a group instructor and in addition, to help her market herself and gain experience. The Psifas Fund will allow Yafit to complete her process and learn a trade which she can use to help other people.

**8. 4000 Shekel were given to fund Yaron's Tour Guide course:**

Yaron is 28 years old, married+ one child. He grew up with his 7 siblings and his father passed away when he was 21 years old. Yaron married a year ago and when his daughter was born, he realized that he needs to find a job and that he cant live off scholarships his whole life. He has turned to "Maftach" foundation that help people from Hardei homes to find a job and it was recommended that he become a tour guide in the Ministry of Education. He has a friend in the field who guaranteed to help him find work. The Psifas Fund will allow Yaron work as a Tour Guide and support his family respectfully.



**9. 3500 Shekel were given to fund Meital's Graphic design course and Photography course:**

Meital is 41 years old, is divorced with 4 children. She started going to the "Ruach Nashit" program in the center for fighting family violence a year ago. Meital has been working with senior citizens her whole life. She has undergone a significant change and has strengthened her confidence, her abilities and her aspirations. With the help of her mentor, she discovered that she would like to study to become a graphic designer and work in a set job where she can make an honest living. The Psifas Fund will allow Meital to receive an education and provide for her family in a respectable way.

**10. 2500 Shekel were given to Nirit for a Nail Building course:**

Nirit is 23 years old and was forced to leave her parent's home due to violence. She has been renting an apartment with her partner and working as a cashier. She would like to make a difference in her life, learn a trade and stabilize her life. She has been studying for a month and has been showing satisfaction. The Psifas Fund will allow Nirit to take a course in Nail Building and become more financially stable.

**11. 5500 Shekel were given to Sivan to fund a Veterinarian Nursing course:**

Sivan is 23 years old, single and has 6 brothers and sisters. Her parents divorced when she was young and she lives with her mother (her father lost contact). After her mother behaved violently towards her, she lived in boarding school until she was 18 years old, completed her bagrut, enlisted and ended her army service as a lone soldier. Since she completed her army service, she has been living with her boyfriend. Both have full time jobs and share a bank account. Sivan has been trying to improve her future and has decided to become a veterinarian's nurse, which studies are a year and a half long. The classes are over 4 days a week which means her income will decrease and make our help imperative. The Psifas Fund will allow Sivan to learn a subject that is important to her and build a positive future.

**12. 4500 Shekel were given to Kati to fund a Graphic Design course:**

Kati is 27 years old, single with a child. She became pregnant (unplanned) and had a baby girl. She doesn't have a relationship with her parents. After a year and a half in a relationship, her boyfriend was violent towards her and she decided to leave him and has been renting an apartment for her daughter and herself. She began to work as a full time secretary until later and her daughter is at a nursery until 19:00 run by social care. She has been persevering at a job that she doesn't like but was fired for missing a lot of work days (when her daughter was sick). She began working as a cleaner. The father doesn't pay alimony and has threatened to not visit his daughter if she demands alimony from him. Kati would like to improve their lives and get a new job as a Graphic Designer. The Psifas Fund will allow Kati to begin a new career in a field that she loved and provide for her daughter.



**13. 2000 Shekel were given to fund Sagi's tuition for German, Russian and East European Studies:**

Sagi is a single 29 year old. Sagi grew up in a Habad home along with his 11 siblings and was haredi until the age of 21. However, due to several reasons he decided to leave this way of life and become a mentor in a junior high school for teenagers in distress. He went to university and graduated on the dean list. The university is sending him to study in Germany but there is a debt remaining from the previous years that he needs to pay off. The Psifas Fund will allow Sago to pay off his debt so he can pay for his studies in Germany and excel in his studies clear of debt.

We use this opportunity to ask that you assist us in spreading the ideal of Psifas amongst your acquaintances in hope that they will join the Israeli Psifas Fund. For that goal to be achieved we have attached a description of the fund and its activities. We would like to stress that all donations are given to the requests directly and are not used to fund the organization, and that they are tax deductible.

We receive many requests and your donations and involvement us is necessary now more than ever

Thank you,

The Psifas Fund